



FUN WITH DRUMS LESSON PLAN



“Cajon Basics – Part II”

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Impact of This Video:

This video will outline the basic sounds and techniques to playing the cajon. You will be able to play along, count aloud, and understand how to perform basic rhythms. Quality of sound, learning to count, and coordination should be the focus of this lesson. Students without a cajon can practice rhythm and sounds on household items like cardboard boxes or tabletops.

Objective:

To learn about the cajon drum, the basic sounds, and to be able to play basic rhythms on the drum.

Resources and Materials:

A computer, tablet, or phone to view and listen to the video, an empty cardboard box of any size, a cajon drum if one is available.

Cajón Overview:

A cajón is a box-shaped percussion instrument originally from Peru, played by slapping the front or rear faces with the hands, fingers, or sometimes implements such as brushes, mallets, or sticks. Cajons are primarily played in Afro-Peruvian music but has made its way into flamenco and modern music as well.

Instrument Family: Percussion

Place of origin: Peru

Invented: Late 1800s

Related instrument: Cajón de tapeo, Cajón de rumba

Size: around 48 x 30 x 30 cm



Exercise:

Hand to Hand: with your hands on your lap, alternate right, left, right, left and count 1 2 3 4.

Then try to go a little faster and play eighth notes, count 1 + 2 + 3 + 4 +

Bass Notes: playing all bass notes, play hand to hand and count 1 + 2 + 3 + 4 +

Slap Notes: playing all slap notes, play hand to hand and count 1 + 2 + 3 + 4 +

Bass and Slap Notes: play bass with slap notes on 2 and 4, play hand to hand and count 1 + 2 + 3 + 4 +

Next: play bass with slap notes on 2 and 4, play hand to hand and count 1 + 2 + 3 + 4 + start with the right hand so that notes 2 and 4 are playing slaps with the right hand.

Next: play bass with slap notes on 2 + and 4 +, play hand to hand and count 1 + 2 + 3 + 4 + start with the right hand so that notes 2 + and 4 + are playing slaps with the right and left hands two basses and two slaps.

Apply all the sounds and techniques to a cardboard box for practice if you do not have a cajon.

Wrap Up:

Now that you know the basic sounds and some rhythms to playing the cajon, try practicing on a tabletop, empty cardboard box, or a cajon if you have one. Have fun and be creative. Most anything around the house can be a percussion instrument.